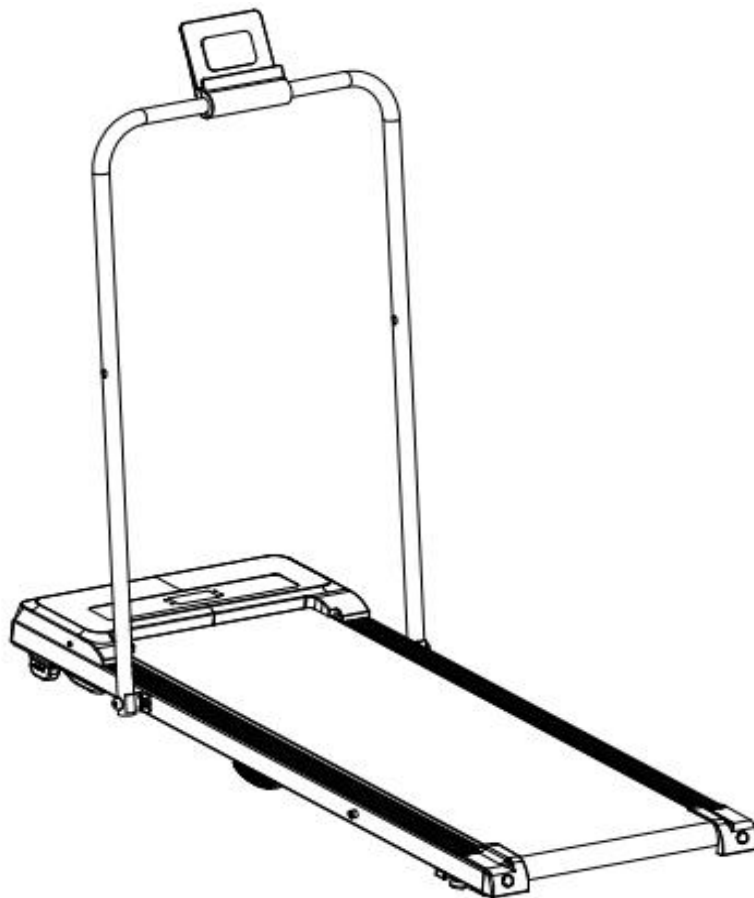


DynaSpace

Walking Treadmill User Manual

Model:SGC2014



△ **WARNING:** Please read all precautions and instructions in this manual before use and keep it for future reference.

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Important Precautions

SAFETY & WARNINGS:

Read all of the instructions in this guide before using this product. Retain this guide for future reference. Do not skip, substitute or modify any steps or procedures in this guide, as doing so could result in personal injury or product damage.

Before starting any exercise program, consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking any medication that may affect your heart rate, blood pressure or cholesterol level.

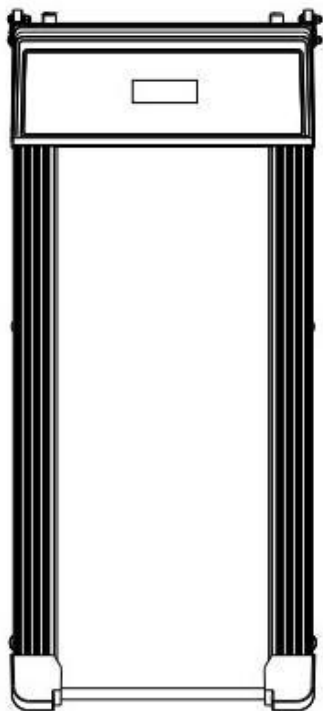
- Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, light headedness, dizziness or feelings of nausea. If you experience any of these conditions, you should consult your physician before continuing with your exercise program.
- Always wear comfortable properly fitting sports shoes and clothing while using the treadmill. If you experience any discomfort while exercising stop immediately and consult your physician.
- This equipment is intended for adult use only. Keep children and pets away from the machine. DO NOT leave children unattended in the same room with the equipment. Contact with the moving surface may result in severe friction burns.
- Do not get on or off the treadmill whilst it is moving as this may result in serious injury and possible damage of the treadmill.
- The treadmill has an emergency stop mechanism for your safety. We recommend testing the safety lock is in working order before commencing any training.
- Always attach the safety key to your clothing while exercising. If the treadmill has switched off due to the safety key being pulled out, insert it again to resume exercising.
- In an emergency situation you can pull the safety lock to stop the treadmill immediately.
- When not in use, always remove the safety key and store in a safe place to avoid any unintended or accidental usage.

- When not in use, unplug the power cord.
- This appliance is designed for consumer use. Follow directions and use only as described.
- Once fully assembled, inspect to ensure all hardware parts such as bolts, nuts and washers are positioned correctly and tightly secured.
- Dry after each use to remove moisture. Wipe regularly with a mild, non-abrasive cleaner and water solution.
- To ensure safety, the equipment should have at least 50 cm of free space on each side and 200cm behind.
- Prior to assembly, ensure you have all the components.
- Always use the equipment as intended. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, cease use immediately and contact help.kogan.com for assistance. Do not use until resolved.
- Do not place fingers or any other objects into moving parts of the exercise equipment. Ensure care is taken while setting up and folding the treadmill.
- Keep hands clear of the hinges while setting up and folding the treadmill.
- Do not exceed the maximum user weight of 90KG.
- Be careful when lifting and moving the equipment. Always use proper lifting technique and seek assistance if necessary.
- Your equipment is intended for use in cool, dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
- This appliance contains no user-serviceable parts. If it suffers any failure or damage, cease use immediately and contact help.kogan.com
- This equipment is designed and intended for indoor use only.

WARNING: keep young children away from this machine at all times. Contact with the moving surface may result in severe friction burns.

Packing List

Please check carefully that the package contents are complete and intact.
In case of loss or damage, please contact the seller in time.



Walking Treadmill *1



Remote Control *1



Lubricating Oil *1






Multi-Purpose Wrench *1



5mm Hex Wrench *1



6mm Hex Wrench *1

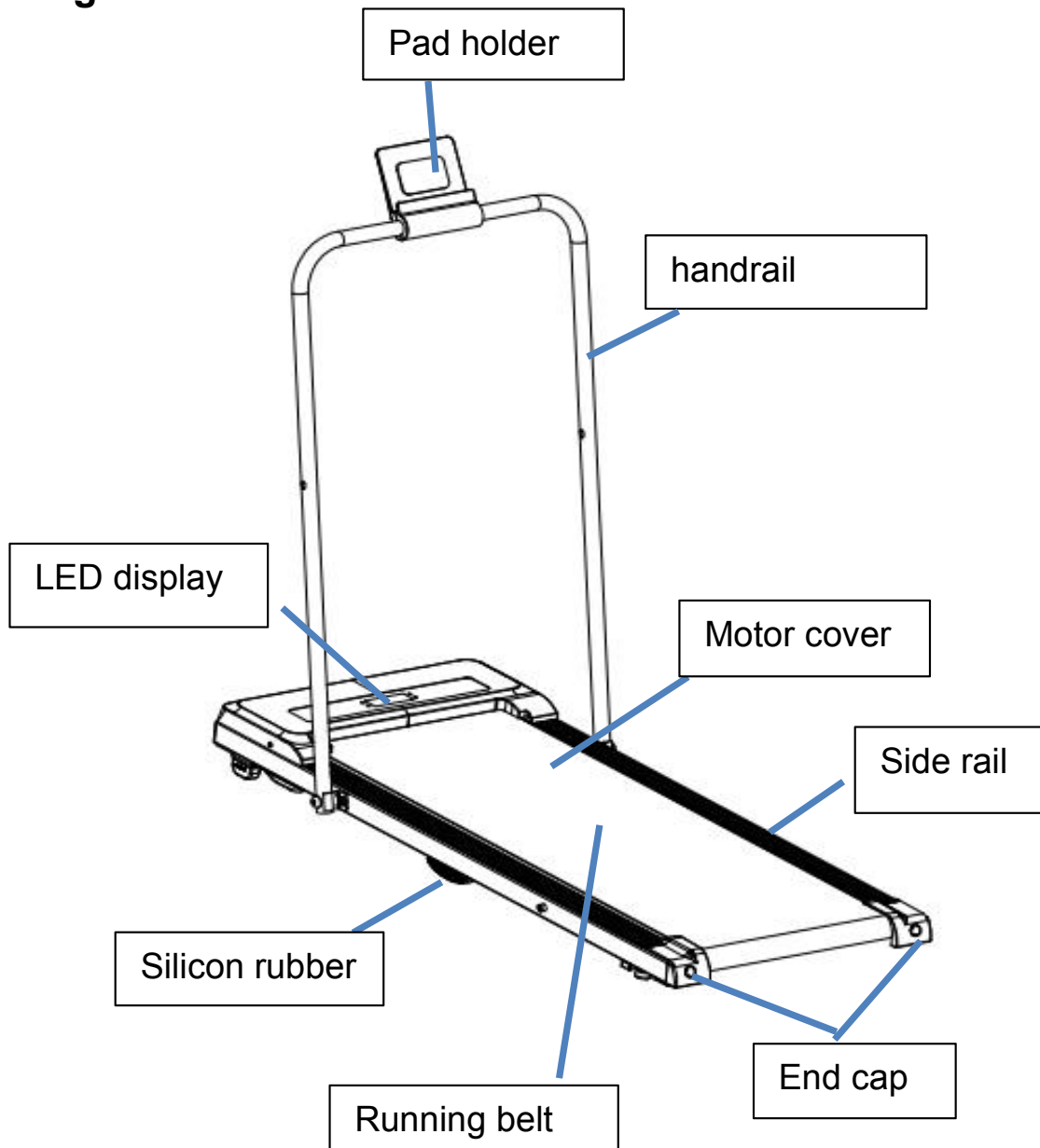
Name	qty	Name	qty
 M10*10	2	 M8*30 knob	2
 M8*20	2		

Product Introduction

I.Specifications

Name	Description	Name	Description
Product Size	122x58.5x109 cm	Voltage	220V+-10%
Weight	27 kg	Frequency	50HZ
Walking Area	38x100 cm	Motor	1.75HP
Speed	1-10km/h	Function	Time/Speed/ Distance/Calories,time/ distance/calories count down
Incline	no	Recommen d User Age	12~60 Years Old

II. Diagrams

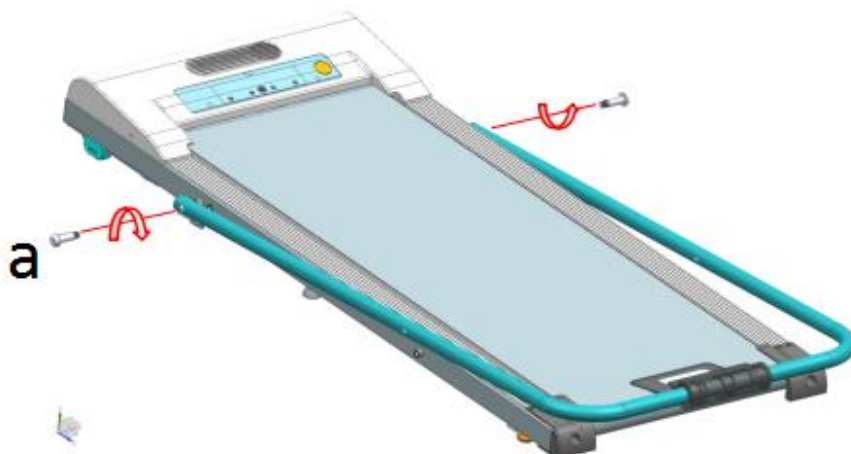


III. Assembly

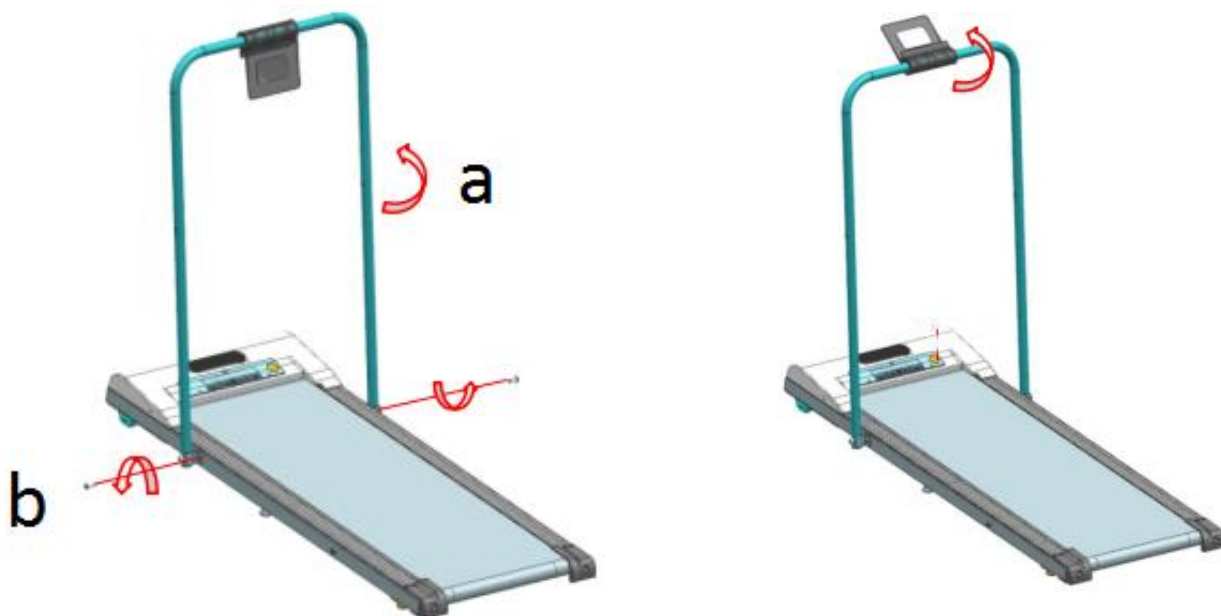
1. Open the carton, take out the whole machine by two persons, and put each part nearby.



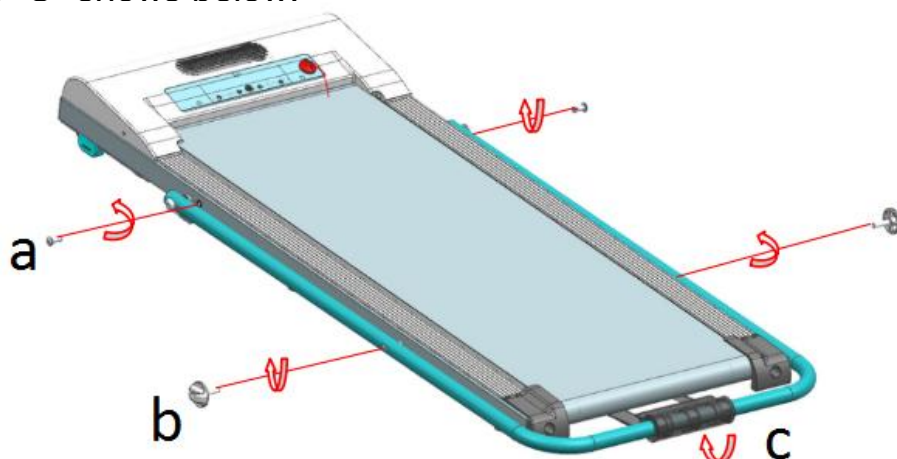
2. Put the handrail to running deck, fasten it with 2pcs M10*10 screws.



3. Lift the handrail up, and insert 2pcs M8*20 screws at "b" position and fasten them. Turn around the pad holder, then can start to use the treadmill.



4. If don't need handrail, you can take out the screws, fall down the handrail and fasten it to running deck with 2pcs M8*30 knob, the pad holder should turn around as "C" shows below.



Operation

I .Quick Start:

Open the package,remove the walking machine from the box,put it on the flat ground,connect it to power supplies,and start exercising!

Operating Procedures:

- 1.There are 4 adjusting foot pads at the bottom of the walking machine, which can be adjusted according to the smoothness of the ground.Make sure all pads are on the ground;otherwise,movement may produce abnormal noise and cause unnecessary injury to the user.
- 2.Connect the power cable to the grounded three-prong outlet.
- 3.Press the red button at the bottom front of the walking machine to turn on the power switch.
- 4.Press the "GO"and "Stop"buttons on the remote control to check whether the machine work properly.

Attention:2-3 persons are required to lift and remove the equipment from the package.

II .Power Switch

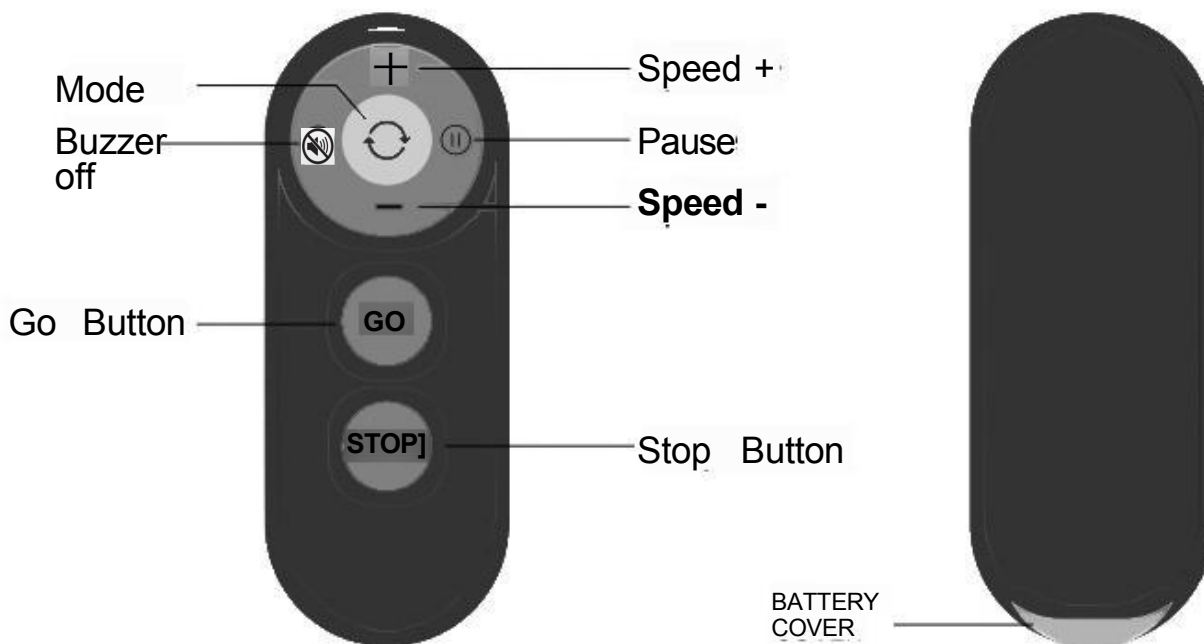
Press the red button at the bottom front of the machine to turn on or off.

III.Display Console

1.Display Screen

Circulate the exercise data(calories/time/distance/speed)automatically every 5 seconds.

2.Remote Control



(a)GO/STOP Button:Press the "GO" button to start the walking treadmill at the default speed of 1km/h.Press the "STOP" button to stop it,and all data will be deleted and reset to the initial settings.

(b)"+" Button:Press the "+" button to increase the speed in 0.5 km/h increments.Press and hold either of the buttons for more than 0.5s to continuously increase or decrease the speed.

(c)⏸ Button:During exercise,you can press the button ⏸ pause the walking machine,and all exercise data will be saved. At the end of the short break,press the button ⏸ to restart the exercise.

(d)🔄 Button:Before starting the walking machine,press this button to change the display value of the TIME/DISTANCE/CALORIES.Or you can set the corresponding workout target value for TIME/DISTANCE/CALORIES,but the walking machine can only be set and execute one target value at a time.

(e)🔇 Button: Press the "🔇" button, you can turn off the buzzer sound, and press again to recover it.

Notes

(1)The maximum speed of this walking treadmill is 10 km/h.

(2)If we press the GO button directly,it will automatically shut down after 100mins to extend the service life.

(3)If we set the DISTANCE/CALORIES target and it takes more than 100mins to reach,it will automatically pause after 100mins.

Troubleshooting

NO.	Problem	Possible Cause	Solution	Note
1	Remote Control Doesn't Work	1.Check if the battery insulation sheet of the remote control is removed or not.	Remove the battery insulation sheet	
		2.There is no battery,or the battery runs out of power	Install the CR2032 cell battery or replace the old battery	
		3.The remote control is broken	Change a new remote control.	
		4.The display doesn't work	Change a new display	
2	The remote control isn't responsive	1.The battery of the remote control has run out.	Change a new cell battery	
		2. Out of signal cover area.	Use it in signal cover area	
		3. Remote control fault	Change new remote	
		4. Display receiver failure	Change new display	
3	There is no display	1.It hasn't connected to electricity or there is no power	Plug it into a live socket or check if the outlet has power or not	
		2.The power switch of the machine is off.	Turn the power switch to the on position.	
		3.Over loading protector disconnected	Press over loading protector	
		4.PCB broken	Change new pcb	
		5.signal wire not well connected or broken	Re-connect signal wire or change new one	
		6.display broken	Change new display	

4	The display is incomplete	1.Virtual welding of display components	Repair or change new display	
		2.IC broken	Repair or change new display	
5	E01 Error Communication Failure	1.The signal cable between the display and the driver is improperly connected or damaged	Reconnect the signal wire or change a new one	
		2.The communication circuit of the display is faulty	Change a new display	
		3.The communication circuit of the driver is faulty	Change a new PCB	
6	E02 Error Over-Current Protection Failure	1.Coils are damaged by overheating due to long-term overload use of the motor.	Change a new motor	
		2.The PCB is faulty	Change a new PCB	
		3.The weight is heavier than the bearing weight	Unplug it,replug it and turn it on.	
7	E03 Error Overload Protection or Other Failures	1.The weight is heavier than the bearing weight	Unplug it,replug it and turn it on.	
		2.The machine is overloaded.	Check whether it's struck at the walking deck.	
		3.Coils are damaged by overheating due to long-term overload use of the motor.	Change a new motor	
		4.The driver is faulty	Change a new PCB	
8	E04 Sudden big current protection	1.The weight is heavier than the bearing weight	Unplug it,replug it and turn it on.	
		2.The machine is over current	Check whether it's struck at the walking deck.	

		3.pcb broken	Change a new PCB	
9	E05 Explosion proof protection	1.IGBT broken	Chang new IGBT	
		2.The PCB is faulty	Change a new PCB	
10	E06 motor faulty	1.motor wire disconnected	Re-connect motor wire to pcb	
		2.The weight is heavier than the bearing weight	Unplug it,replug it and turn it on.	
		3.motor faulty	Change new motor	
		4.pcb faulty	Change new pcb	

Care and Maintenance

- 1.Storage:Keep the product in an airtight environment to avoid dust and moisture.Do not store it in a garage,indoor backyard,or somewhere near water.Humidity,dust,and water may cause the appliance to malfunction.
- 2.Check and tighten all screws regularly,as screws and nuts tend to loosen due to vibration.
- 3.It is important to properly lubricate the walking machine with silicone oil or Teflon.
- 4.Keep electrical cords away from hot surfaces.Ensure that the cord and plug are intact before use.

I.How to Adjust the Walking Belt

The walking machine comes with an automatic belt adjustment function; thus,there is no need to adjust the belt under normal circumstances. When the walking belt is offset close to the walking deck support,manual adjustment is necessary.

Walking Belt Adjustment Method

- 1.Before adjusting the walking belt,set the speed of the machine to 6 KM per hour.
- 2.If the walking belt is offset to the left,use a 5mm hexagonal wrench to turn the screw of the left rear roller by 1/4 of a turn clockwise(see figure 1).If the walking belt is offset to the right,turn the screw of the right rear roller by 1/4 of a turn clockwise using a 5mm hex wrench (see figure 2). Wait a few seconds for the belt to adjust itself.
- 3.If further adjustment is required,repeat the steps above until the belt is stable in the center of the walking deck.



Figure 1

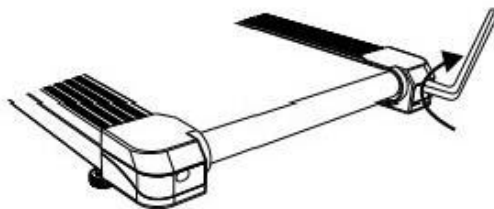


Figure 2

II.How to Fix Treadmill Belt Slippages

- 1.Before adjusting the walking belt,start the walking machine and increase the speed to 6KM per hour.
- 2.Use a 5mm hex wrench to turn both bolts 1/4 of a turn clockwise (see Fig.1).Repeat this process until the belt is properly tightened.
- 3.If the belt is properly tightened,you are able to lift each edge of the walking belt within a range of 5-7 approximately off the walking deck.

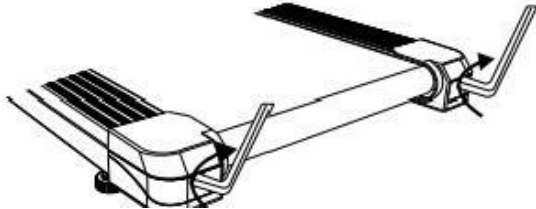


Figure 1

III.How to Lubricate the Walking Machine

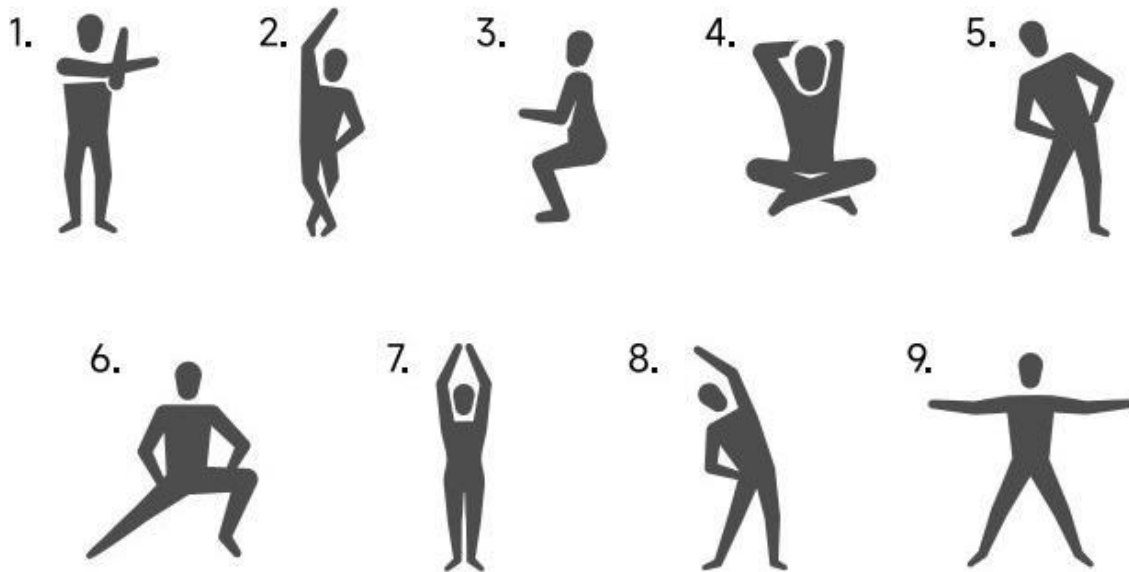
- 1.Lubrication Frequency:Lubricating the walking belt after a period of time is necessary to make the walking machine function well.When using it less than 3 hours per week,it's recommended to lubricate it once every 2 months.When using it 4-7 hours per week,it's recommended to lubricate it once every 1 month.When using it more than 7 hours per week,it's recommended to lubricate once every 15 days.
- 2.Check if Lubrication is Necessary:Touch the back center area of the walking belt as much as possible.If there is oil on the belt (or it feels a little wet),it does not need lubrication.If you feel that the running belt is dry and there is no oil on the hand,it's time to lubricate the walking belt.

3.Steps to Lubricate the Walking Machine:

- Step 1:Turn off the walking machine and unplug it.
- Step 2:Gently lift one side of the walking belt.
- Step 3:Spray or jet lubricant along the side of the walking deck.
- Step 4:Plug it in again and turn it on.Walk on the treadmill for five minutes at 1 mile per hour,allowing the lubricating oil to spread evenly throughout the belt surface.



Exercise Guide



Attention: Consult your doctor before starting this or any exercise program, which is especially important for people over 35 or with health issues. If you feel dizzy, short of breath, or pain while exercising, stop exercising immediately and calm down.

Warming Up: Start stretching and move your muscles slightly for about 5 and 10 minutes. Warming up will raise your body temperature, heart rate, and blood flow to prepare you for your workout.

Stretching: Stretch for 5-10 minutes after your workout, which will boost your body flexibility, reduce the risk of injury, and decrease muscle tension.

Warranty

We guarantee to original purchasers that our products will be guaranteed for one year if the installation and operation follow the user manual. We make no warranties and assumes no liability for any product failure or damage caused by:

- 1.Improper installation,incorrect use,or not following the installation guide.
- 2.Use this product beyond normal family use.
- 3.Normal wear and tear,artificial damages,accidents,or damages by animals.
- 4.Natural disasters (such as fire,flood,snow and ice,hurricane,earthquake,lightning,or other natural disasters),environmental conditions(such as air pollution,mold,mildew,etc.),or foreign substances coloring(such as dirt,grease,oil,etc.)
- 5.Normal weathering due to exposure to sunlight,weather,and atmosphere may cause the body surface to fade,flake,chalk,and accumulate dirt or stains.
- 6.Improper operation,modification,processing,storage,and abuse of products.

This warranty is only valid for the original purchaser and is not transferable.